

1st EHS

EHS
مؤسسة الإمارات للخدمات الصحية
Emirates Health Services



INTERNATIONAL ORTHOPEDIC CONGRESS

Fujairah International Orthopedic Congress



DoubleTree by Hilton Fujairah City

13-14th
JANUARY 2024

CPD
CERTIFIED
The CPD Certification
Service
Collective Mark
13 Hrs

<https://fiocongress.com>



REGISTRATION 08:00 -09:00

Hall 1	Hall 2	Hall 3
SPINE	SPORT	TRAUMA 1 WORKSHOP
MODERATORS: <i>Sameh Abolfotouh - Omar Alnori - Ziad Aljian</i>	MODERATORS: <i>Ziyad EL-Qirem- Ashraf Abdelkafy -Ali Alfara</i>	
09:00-09:15	09:00-09:15	09:00- 13:00
 <i>Spine trauma highlights</i> Wael Alsammak	<i>Bucket handle meniscus tear, my prefer management</i> Loiy Alkhatib	FACULTY - Mahmoud Abdulkarim - Yasser Hannout - Wesam Ali Nasrallah - mohammed khattab - Hayder Alsaadi
09:15- 09:30	09:15- 09:30	PRACTICALS : » InFlx pelvis » External fixation options » MIS pelvis fixation options » Plating pelvis options » Tibia intramedualry nailing » Femur interamedually nailing
 <i>Tips and Tricks in Adult Spine deformity</i> Omar Alnori	<i>Ramp lesion: The missed injury</i> Hashem Al Qdhah	
09:30-09:45	09:30-09:45	
 <i>Proximal Junctional Kyphosis, is it avoidable?</i> Sameh Abolfotouh	<i>LET with ACLR: when and how?</i> Ashraf Abdelkafy	
09:45-10:00	09:45-10:00	
 <i>Instrumentation strategies in the osteoporotic bone</i> Nayef Bin Dajim	<i>Graft options for ACL</i> Rik kundra	
10:00-10:15	10:00-10:15	
 <i>Dural tears: What are my best options?</i> Nader Hebala	<i>All-inside ACLR: technique and outcome results</i> Ashraf Abdelkafy	
10:15-10:30	10:15-10:25	
 <i>Discussion All Speakers</i>	<i>Discussion All Speakers</i>	
10:30- 10:50	10:25- 10:35	
<i>Break</i>	<i>Break</i>	
10:50-11:05	10:35- 10:50	
 <i>C1-C2 instability</i> Marcus Head	<i>Current updates in shoulder instability management</i> Ali Alsuwaidi	
11:05-11:20	10:50-11:05	
 <i>OPLL: Surgical options</i> Anas Dyab	<i>10 points for successful Bankart repair</i> Bhuvan Machani	
11:20 -11:35	11:05 -11:20	
 <i>Degenerative Cervical Myelopathy, Current concepts and future directions</i> Tarek Rayyan	<i>How I do bone block procedure tips and tricks</i> Ziyad EL-Qirem	
11:35-11:50	11:20-11:35	
 <i>C5 palsy</i> Imad Hashim	<i>AC joint Reconstruction</i> Bhuvan Machani	
11:50 - 12:05	11:35-11:50	
 <i>Cervical Spine Tumours: Comprehensive Approach.</i> Mohamed Al Asha	<i>Tips and tricks in cuff repair</i> Ziyad EL-Qirem	
12:05 -12:20	11:50-12:10	
	<i>Case presentation</i> Sultan Shobaki	
	12:10-12:20	
<i>Discussion All Speakers</i>	<i>Discussion All Speakers</i>	

Trauma 1 workshop

Johnson&Johnson
MedTech

DePuy Synthes

13TH, JANUARY, 2024

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Hall 1
KNEE ARTHROPLASTY
SESSION 1 KNEE ARTHROPLSTY (Planning and preoperative)
 MODERATORS: Mahmoud Abdel Karim -Khalid Alhamadi - Shaher Hasanain
 8:30-8:45
 Alignment & Preoperative Planning for Primary TKA Sebastien Paratte
 8:45-9:00
 My Choice of material and fixation in TKR and why? Ibraheem Hijazi
 9:00-9:15
 Fast Track TKA Shaher Hasanain
 9:15-9:30
 AI in total knee arthroplasty, current and possible future applications Mohamed Elfekky
 9:30-9:45
 Hypotensive anesthesia in TKA Ahmed Khalaf
 9:45-10:00
 Pain management in TKR Ibraheem Hijazi
 10:00-10:15
 Knee replacement ...the bad scenarios! Mohamed Khattab
 10:15-10:30
 Discussion
 10:30-10:45
Coffee break
SESSION 2 KNEE ARTHROPLASTY (Surgical Technique, Challenges)
MODERATORS: Mohamed Muath Ali - Mohammed El Fekky - Abdmoneim Kablan
 10:45-11:00
 A novel algorithm to balance Varus knee without compromising the superficial MCL. Samih Tarabichi
 11:00-11:15
 Knee soft tissue balance, problems and solutions Roy Ibrahim
 11:15-11:30
 Tibia component rotation...the ways to do it right! Ahmed Elnaggar

Hall 2
ORTHOPEDIC EDUCATION
MODERATORS: Abdulbary Hassan - Hayder ALSaadi - Khaleil Almatrooshi
 08:30-08:45
Orthopedic teaching from college to fellowship Hayder AlSaadi
 08:45- 09:00
Undergraduate student experience (student) Lakshmi Pemmasani
 09:00-09:15
Resident experience (Resident) Abdulla Maged Abdelwahab
 09:15-09:30
Women in Orthopedics Dalal Bubshait
 09:30-09:45
Pediatric Orthopedic challenging cases Dalal Bubshait
 09:45-10:00
Modified Ponseti techniques for club foot Kareem Khalil
 10:00-10:15
Fragility fractures Hashem Al Qdhah
 10:15-10:25
Discussion
 10:25- 10:40
Break
 10:40- 11:00
Peripheral Nerve Blocks Overview and complications Ahmed El Tanahy
 11:00-11:15
Sport injuries current education and future Tarek Sadek
 11:15 -11:30
Limb reconstruction principles Kareem Khalil

Hall 3
ORTHOPEDIC NURSING
MODERATORS: Saieda Abu Doulah / Amina Ahmed
 09:00-09:15
Journey of orthopedic nurse Samer Alshrydah
 09:14 -09:30
Orthopedic instrument handling Brian Balan
 09:30 -09:45
SSI prevention Fatima Al Hefaity
 09:45-10:00
Pin site care Mohammed Hazzam
 10:00- 10:15
Whom to scrub and whom to circulate Mohamed Ghazouani
 10:15 -10:30
Wound care for orthopedic cases Aisha Mostafa
 10:30 -10:45
Orthopedic Cast care Oni Adebayo
 10:45: 11:00
Discussion
Trauma Session
MODERATORS: Ahammed Jabir - Abdulbary Hassan - Tarek Tawfek
 11:00 - 11:15
Elbow terrible triad preferred approach Madhat A. Al-Khafajy
 11:15 - 11:30
Distal radius dorsal fixation when to do Hashem Al Qdhah
 11:30 - 11:45
Calcaneus fracture MIS updates Abdelbagy Handous

14TH, JANUARY, 2024

	Hall 1
	11:30-11:45
	My Recipe for Correction of Flexion Deformity Mohamed Muath Adi
	11:45-12:00
	Management of Extra-Articular Deformities Samih Tarabichi
	12:00-12:15
	Periprosthetic Fractures: Fix or Replace? Mahmoud Abdel Karim
	12:15-12:30
	Diagnosis of PJI Feras Ya'ish
	12:30-12:45
	Local use of Antibiotics in PJI Oussama Chaar
	12:45 -13:00
	Discussion
	13:00-14:00
	Lunch
	
	14:00 -14:30
	Robotic Assisted Partial Knee Arthroplasty Sammy Hanna
	Session 3 - Knee Arthroplasty Debates (Ask the experts)
	MODERATORS: Samih Tarabichi - Mahmoud Abdul Karim Feras Ya'ish - Sebastian Paratt - Basil Al Arabid
	14:30-15:00
	Mechanical vs Kinematic Alignment Sebastien Paratte - Mohamed Elfekky
	15:00-15:30
	Tourniquet vs Tourniquet-Less Shaher Hasanain - Sammy Hanna
	15:30-16:00
	Simultaneous bilateral vs Unilateral TKR Samih Tarabichi -Yassir Hussain Pengatteeeri
	16:00-16:30
	CR vs PS TKA Mohamed Muath Adi - Mohamed Elfekky

Hall 2
11:30-11:45
Polytrauma management DCO vs ETC Sultan Shobaki
11:45-12:00
EHS Orthopedic Education current and future Khaleil Almatrooshi
12:00-12:15
Osteoporosis from college teaching to practice Medhat Khafaji
12:15-12:30
Discussion
12:30-13:00
Future of Medical education Ismail Matalka
13:00 -14:00
Lunch
Pelvis Module
MODERATORS: Wesam Ali Nasrallah - Girgis Latif - Tarek Tawfik
14:00 -14:15
Acute management pelvic ring disruption, hemorrhage control and resuscitation Girgis Latif
14:15 -14:30
Fixation of geriatric acetabular fracture and roof impaction Mahmoud Abdul Karim
14:30 -14:45
Sacral fractures reduction, fixation and lumbopelvic fixation Wesam Ali Nasrallah
14:45- 15:00
Biologic fixation of pelvic ring and acetabular fractures Yasser Hannout
15:00 -15:15
Minimal invasive pelvic fixation options Madhat A. Al-Khafajy

Hall 3
11:45 - 12:00
Lisfanc fracture-dislocation Daniel Manfred Thull
12:00 -12:15
Syndesmotic ankle injury update Muhammad Khalifa
12:15 -12:30
Neck femur fracture updates Ali Hegazi
12:30 -12:45
Paediatric supracondylar fractures- what causes deformity? Ammunje S Nayak
12:45-13:00
Discussion
13:00 -14:00
Lunch
ORTHOPEDIC NURSES WORKSHOP
14:00 – 18:00
FACULTY : - Hashem al Qdhah - Muhammad Khalifa - Ali Higazi - Abdulbagy Handous - Samer Alshrydeh - Erwin Arnas
PRACTICALS : » tibia intrameduallry nailing » Femur intramedullary nailing » Absolute stability » Relative stability
CASTING TECHNIQUES » Wood Cast Materials » Practical Applications » 1 Station » 16:00 -17:00
Orthopedic Nurses Workshop

14TH, JANUARY, 2024





SPINE WORKSHOP

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ANT. CERVICAL

- ▶ Real Spine Model
- ▶ ACDF

POST. CERVICAL

- ▶ Real Spine Model
- ▶ Lateral Mass
- ▶ Laminectomy

MIS LUMBAR

- ▶ Real Spine Model
- ▶ MIS Pedicle Screw
Insertion
- ▶ TLIF

POSTERIOR LUMBAR

- ▶ Synbone
- ▶ Kyphoplasty

ROUND

TIMING

1st Round

One Hour

2nd Round

One Hour

Break for Changing Models

3rd Round

One Hour

4th Round

One Hour



AL FUJAIRAH HOSPITAL



09:00- 16:00



TRAUMA 1 WORKSHOP – SURGEONS

Johnson & Johnson
MedTech

 **DePuy Synthes**

IM NAILING - TIBIA

- ▶ Synbone
- ▶ Expert Tibial Nail
- ▶ 4 Stations
- ▶ 1 Hour

IM NAILING - FEMUR

- ▶ Synbone
- ▶ Expert Lateral Femoral Nail
- ▶ 4 Stations
- ▶ 1 Hour

PELVIC INTERNAL FIXATION

- ▶ Synbone
- ▶ MIS / plating
- ▶ 4 Stations
- ▶ 1 Hour

PELVIC EXTERNAL FIXATOR

- ▶ Synbone
- ▶ Large External Fixator
- ▶ 3 Stations
- ▶ 1 Hour

PELVIC INFIX

- ▶ Synbone
- ▶ Infix pelvis
- ▶ 1 Station
- ▶ 1 Hour



Doubletree BY HILTON DUBAI FUJAIRAH CITY



09:00- 13:00



TRAUMA 2 WORKSHOP – SURGEONS



ELBOW FIXATOR

- ▶ Synbone
- ▶ Elbow fixator
- ▶ 1 Hour

LIMB RECONSTRUCTION

- ▶ Synbone
- ▶ Limb reconstruction set
- ▶ 1 Hour

LONG BONE FIXATORS

- ▶ Synbone
- ▶ Low Profile 3.5 Recon Plate
- ▶ 1 Hour

PELVIC EXTERNAL FIXATOR

- ▶ Synbone
- ▶ Large External Fixator
- ▶ 1 Hour



Doubletree BY HILTON DUBAI FUJAIRAH CITY



14:00 - 16:00



NURSING WORKSHOP – ORP

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DePuy Synthes

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Aurora Drug Store LLC

IM NAILING - TIBIA

- ▶ Synbone
- ▶ Expert Tibial Nail
- ▶ 4 Stations
- ▶ 1 Hour

IM NAILING - FEMUR

- ▶ Synbone
- ▶ Expert Lateral Femoral Nail
- ▶ 4 Stations
- ▶ 1 Hour

ABSOLUTE STABILITY

- ▶ Synbone
- ▶ Lag Screw & LCP Techniques
- ▶ 4 Stations
- ▶ 1 Hour

RELATIVE STABILITY

- ▶ Synbone
- ▶ LCP Technique with locking Screws
- ▶ 4 Stations
- ▶ 1 Hour



Doubletree BY HILTON DUBAI FUJAIRAH CITY



14:00 – 18:00

essity | Health & Medical
Aurora Drug Store LLC

CASTING TECHNIQUES

- ▶ Wood Cast Materials
- ▶ Practical Applications
- ▶ 1 Station
- ▶ 15:00 -16:00

Chairperson
Dr. Wael Alsammak

Congress Co-Chairman and Organizing Committee Chairman
Dr. Khaleil Almatrooshi

Scientific Committee Chairman
Dr. Hayder Alsaadi

Scientific Committee
Dr. Ali Alfar
Prof. Ashraf Abdelkafy
Dr. Luay Tapponi
Prof. Mahmoud Abdel Karim
Dr. Sameh Abolfotouh
Dr. Shaher Hasanain
Dr. Usama Saleh
Dr. Wael Alsammak

Organizing Committee
Dr. Abdelbary Hassan
Dr. Abdelbagy Handous
Dr. Ahmed AL Suwaidi
Dr. Habib Al Ismaily
Dr. Khaleil Almatrooshi
Dr. Tarek Sadik
Dr. Wael Alsammak
Dr. Wesam Ali Mustafa



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