



شعبة الإمارات
لهشاشة العظام
Emirates
Osteoporosis Society

7th Annual EOS Conference on **Bone Health** Osteoporosis, Osteoarthritis, and Musculoskeletal Disorders



09 -10 January 2027



Al Ain Rotana



Conference Board Members



Asma Aljaberi, MBBS, ArBIM, CCD

- **President | Emirates Osteoporosis Society**
- Consultant Endocrinologist, Co-Director Bariatric-Metabolic Center, Department of Medicine, Tawam Hospital and Sheikh Tahnoun Bin Mohammed Medical City
- Adjunct Assistant Professor, CMHS, UAEU.



AbdulRahim Suhaili

- **Vice President | Emirates Osteoporosis Society**
- Dual Boards Certified Nuclear Medicine & Densitometry.



Ahmed El Serafi

- **Secretary General | Emirates Osteoporosis Society**
- Professor of Radiology & Consultant Radiologist
- CEO of International Radiology Center
- Expert in Imaging AI & Advanced Technologies



Amel Ginawi

- **Scientific Committee Chair | Emirates Osteoporosis Society**
- Consultant Rheumatologist | Mediclinic City Hospital, Dubai, UAE
- Clinical Associate Professor | Mohammed Bin Rashid University of Medicine and Health Sciences (MBRU), Dubai



Luay Tapponi

- **Cultural Committee Chairperson | Emirates Osteoporosis Society**
- Clinical Professor & Consultant Orthopaedic Surgeon - Specialized Medical center and Prime Specialty Medical Centre, Sharjah

Conference

Scientific Committee



Asma Aljaberi, MBBS, ArBIM, CCD

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- **Clinical Associate Professor I Mohammed Bin Rashid University of Medicine and Health Sciences (MBRU), Dubai**



Maisam Musgrave

- **Consultant Rheumatologist Mediclinic City and Parkview hospitals, Dubai.**
- **Adjunct Clinical Associate Professor , Mohammed Bin Rashid University of Medicine and Health Sciences (MBRU).**



Hélène CHE

- **French Rheumatologist, based in Dubai (Happiness Clinic & NMC Royal DIP)**
- **Trained in Paris and Montpellier**
- **Specialist in osteoporosis, metabolic bone diseases, and sports medicine**
- **Expert in inflammatory & degenerative rheumatic diseases**
- **Skilled in musculoskeletal ultrasound and medical education**

Program Highlights

- Women's bone health across the lifespan
- Cancer-related osteoporosis and glucocorticoid-induced osteoporosis
- Osteoporosis in men
- Updated Emirates Osteoporosis Society (EOS) Guidelines
- Practical DXA interpretation workshop
- Challenging osteoporosis management cases
- Rare bone diseases
- Vertebral fracture assessment and management
- Osteoarthritis and bone health
- Multidisciplinary MRONJ session with dental specialists



Day 1 – Saturday 9 January 2027

Women's Health and Contemporary Osteoporosis Care

Registration & Welcome Coffee 08:00–09:00		
Session 1: Women's Bone Health Across the Lifespan		
Moderators: Samar Al Emadi / Asma Aljaberi		
Time	Title	Speaker
09:00–09:25	Premenopausal Osteoporosis: Who to Investigate and When to Treat	Mustafa Izzi
09:25–09:50	Pregnancy and Lactation-Associated Osteoporosis: Diagnosis and Management	Marlene Chakhtoura
09:50–10:15	Keynote Lecture: Hormone Replacement Therapy and Bone Health: Current Evidence and Practical Guidance	Manju Chandran
10:15–10:25	Q&A	
10:25–11:00	Opening Ceremony	
11:00–11:10	Coffee Break & Poster Viewing	
Session 2: Bone Health in Special Populations		
Moderators: Amel Ginawi / Maisam Musgrave		
Time	Title	Speaker
11:10–11:35	Osteoporosis 2027: What's New?	Michael Lewiecki
11:35–12:00	Sequential and Transitional Therapy	Asma Aljaberi
12:00–12:20	Updated Emirates Osteoporosis Society Guidelines: Key Recommendations and Clinical Application	Thamer Alessa
12:20–12:30	Q&A	
12:30–13:00	Industry Symposium	
13:00–14:00	Lunch	
Session 3: Osteoporosis Treatment Updates – What's New?		
Moderators: Helene CHE / Yousef Al Saleh		
14:00–14:25	Osteoporosis Management: Breast and Prostate Cancer Patients	Manju Chandran
14:25–14:50	Checkpoint Inhibitors	Ghada El-Hajj Fuleihan
14:50–15:15	Weight Loss and Bone Health	Marlene Chakhtoura
15:15–15:25	Q&A	
15:25–15:40	Coffee Break & Poster Viewing	
15:40–16:10	Industry Symposium Amgen	

Interactive Workshops

16:10–17:40

Workshop 1:

DXA Pitfalls and Difficult Cases in Bone Densitometry ISCD collaboration and statement

16:10- 16:50

Topics include:

- Common DXA interpretation pitfalls
- Lumbar spine artefacts and degenerative changes
- Hip positioning and analysis errors
- Vertebral exclusion criteria
- Forearm DXA: when and why?
- Trabecular Bone Score (TBS): interpretation and clinical application
- Vertebral Fracture Assessment (VFA)

AbdulRahim Suhaili
/ Ahmed El Serafi

Workshop 2:

Interactive Case-Based Workshop

16:50- 17:20

Case presentations: Asma Aljaberi

Panel: Manju Chadran / Ghada El-Hajj Fuleihan / Yousef Alsaleh

End of Day 1



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Day 2 – Sunday 10 January 2027

Research, Rare Bone Diseases, Vertebral Fractures and Multidisciplinary Bone Care

Welcome Coffee & Poster Viewing 08:00–08:30		
Session 4: Oral Abstract Presentations		
Moderators: Omer Bani Shemali / Afra Abdulla Humaid		
Time	Title	Speaker
08:30–08:40	Abstract Presentation 1	
08:40–08:50	Abstract Presentation 2	
08:50–09:00	Biosimilars in bone health	Ghada El-Hajj Fuleihan
Session 5: Rare Bone Diseases		
Moderators: Thamer Alessa / Ghada El-Hajj Fuleihan		
Time	Title	Speaker
09:00–09:20	Hypophosphatasia: Recognition and Treatment	Zahra Alsahlawi
09:20–09:40	Rare Metabolic Bone Disorders in Clinical Practice	Katie Moss
09:40–09:50	Q&A	
09:50–10:00	Coffee Break	
10:00–10:30	MENA Bone ECHO Initiative – A Four-Country Collaborative MODERATOR Samar Al Emadi Panelists Ghada El-Hajj Fuleihan, Asma Aljaberi, Yousif Al-Saleh, Thamer Alessa	
Session 6: Vertebral Fractures and Osteoarthritis – Clinical Challenges		
Moderators: Shamma Ahmad Al Nokhatha / Luay Tapponi		
10:30–10:55	Vertebral Fractures: Recognition and Management	Zbigniew J. Brodzinski
10:55–11:20	What Is New in Osteoarthritis in 2027	Omer Bani Shemali
11:20–11:30	Q&A	
11:30–11:45	EOS Position Statement on ONJ	Amel Ginawi
11:45–12:05	Dental Assessment and Care in Osteoporosis – Dentist / Oral & Maxillofacial Surgeon	Alia Khan
12:05–12:35	Industry Symposium	
12:35- 12:55	Abstract Awards / Closing Remarks and Conference Close	
12:55 Lunch		

ORGANIZED BY

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