

4th EHS

INTERNATIONAL ORTHOPEDIC CONGRESS

Workshops

15th JANUARY

Conference

16-17th JANUARY

2027

 Rotana Ras Al Khaimah - The Mangroves



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Ras Al Khaimah - The Mangroves

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Congress Board

Congress Chairman

Dr. Wael Alsammak

- Consultant Orthopedic Spine surgeon
- Head of Orthopedic Department Fujairah Hospital



Congress Co-Chairman

Dr. Abdelbagy Handous

- Consultant Orthopedic and Trauma Surgeon, Head of Orthopedics Department, Saqr Hospital, UAE
- Associate Professor, RAK Medical and Health Sciences University (RAKMSU), Ras Al Khaimah, UAE
- Fellowship-trained in Trauma, Pelvis & Acetabulum Surgery (Germany)



Organizing Committee Chairman

Dr. khaleil Almatrooshi

- Orthopedic consultant
- Swedish board certified
- Director of Kalba Hospital
- Head of orthopedic committee at Emirates health services
- Member of the Emirates Orthopedic Society's board



Scientific Committee Chairman

Dr. Hayder Alsaadi

- Chairman of Emirati Board Orthopedics
- Director of Orthopedic Residency Program -SSMC
- Associate Professor -Khalifa University
- Associate Professor -GMU
- International AOTRAUMA Faculty
- Consultant Orthopedics Surgeon -SSMC



Workshops

Friday 15 th January				
#	Hall No.	Workshop Name	Time	Faculty
1	Hall 1	Pediatric Limb Deformity	15:00 – 18:30	Michael Uglow - Mohamed Kenawey Edward Gent - Yasser Kandil
2	Hall 2	Pelvis	15:00 – 18:30	Sherif Khaled - Ahmed El-Bakoury Joseph AlSousou - Ali Jarragh
3	Hall 3	Hybrid External Fixation - Tibial Fractures	15:00 – 18:30	Medhat Khafaji - Kareem Khalil Mohammed Sanad - Ahmed Elgammal Issam Hozayen
4	Hall 4	Adult Trauma (Fracture Around the Knee)	15:00 – 18:30	Hayder AlSaadi - Ahmed Musa Akram Alshoubaki- Sultan Shoubaki
Saturday 16 th January				
#	Hall No.	Workshop Name	Time	Faculty
5	Hall 3	Nurses (ORP)	11:00 -13:00	Hashem Al Qdhah - Sultan Shoubaki - Muhammed Khalifa
6	Hall 4	Pediatric Spine	14:00 -17:00	Khalifa Al Ghafri - Zaid Al-Aubaidi Alaaeldin Azmi - Wallead Al-Jaeafee
Sunday 17 th January				
#	Hall No.	Workshop Name	Time	Faculty
7	Hall 3	Femur and Tibia fractures	11:00- 13:00	Omar Sabri -Hassan Alrifai
8	Hall 4	Casting Principles	09:00 -13:00	Usama Saleh -Rabia Elsayed-Oni Adeniyi
9	Hall 4	High Tibial Osteotomy	14:00 -17:00	Ahmed El-Bakoury – Mohammed Abdmonsef - Rik Kundra

This congress will be running in 4parallel-running Halls

REGISTRATION 08:00 -09:00

Congress		
Day 1		
Hall #	Session Name	Time
Morning Sessions		
Hall 1	Complex Trauma - Session1	09:00- 13:00
Hall 2	Pediatric deformities - Session1	09:00- 10:30
Hall 2	Pediatric Spine Session	11:00-13:00
Hall 3	Nurses (ORP) Workshop	11:00 - 13:00
Hall 4	East Coast Orthopedic Group	11:00 - 13:00
Hall 1 Opening Ceremony 10:30-11:00		
Evening sessions		
Hall 1	Complex Trauma – Session 2	14:00 – 18:00
Hall 2	Pediatric deformities - Session 2	14:00 - 18:00
Hall 3	Osteoporosis updates module	14:00- 17:00
Hall 3	Free paper Session 1	17:00– 18:00
Hall 4	Pediatric Spine Workshop	14:00 -17:00

Congress		
Day 2		
Hall #	Session Name	Time
Morning Sessions		
Hall 1	Knee Arthroplasty Session1	09:00-11:00
Hall 1	Knee Arthroplasty Session2	11:00-13:00
Hall 2	Knee Sport Session	09:00- 13:00
Hall 3	Femur and Tibia fractures Workshop	11:00- 13:00
Hall 4	Casting Principles Workshop	09:00 -13:00
Evening sessions		
Hall 1	Knee arthroplasty debates	14:00-14:50
Hall 1	Orthopedic Oncology	15:00 - 17:00
Hall 2	Shoulder session	14:00 – 17:00
Hall 3	Free paper Session 2	14:00-17:00
Hall 4	High Tibial Osteotomy workshop	14:00-17:00
Hall 1 closing ceremony 17:00-17:30		

Workshops (15th January, 2027)

15:00 – 18:30

Hall 1

Pediatric Limb Deformity

Faculty

Michael Uglow - Mohamed Kenawey - Edward Gent - Yasser Kandil

Locking Proximal Femoral Plating

Lecture 14:30- 14:45 **Hands On** 14:45 -15:30

Product

LPF - Orthopediatrics

Proximal Femoral Nailing

Lecture 15:30-15:45 **Hands On** 15:45- 16:30

Product

Pedinail - Orthopediatrics

Break 16:30 16:45

Small Bone Elasting Nailing

Lecture 16:45-17:00 **Hands On** 17:00-17:45

Product

Pedinail - Orthopediatrics

HIP SPICA Application

Lecture 17:45-18:00 **Hands On** 18:00-18:45

Product

Spica Table - Orthopediatrics

Hall 2

Pelvis

Faculty

Sherif Khaled - Ahmed El-Bakoury- Joseph AlSousou - Ali Jarragh

- Acetbular Fracture Treatment
- Pelvic Ring fixation
- Intra-Pelvic Platting

Hall 3

Hybrid External Fixation - Tibial Fractures

Faculty

Sherif Khaled - Ahmed El-Bakoury- Joseph AlSousou - Ali Jarragh

- Hybrid fixation in Tibial plateau fracture
- Hybrid fixation in Pilon fracture
- Delta frame

Hall 4

Adult Trauma (Fracture Around the Knee)

Faculty

Hayder AlSaadi -Ahmed Musa- Akram Alshoubaki- Sultan Shoubaki

Fixation of Distal Femoral Fracture using the VA Condylar Plate

Day 1 (16th January, 2027)

Morning Session

Hall 1

Complex trauma- session 1

09:00- 13:00

Moderators

Sherif Khaled - Hayder Alsaadi – Yasser Hannout - Akram Alshoubaki

09:00-9:15 Treatment algorithms for the polytrauma patient	Ahmad Mousa
09:15-9:30 Effect of patient factors and injury mechanism on fracture Management: Case examples (How injury & patient factors change decision of treatment)	Hashem Al Qdhah
09:30-09:45 Sacroiliac screws tips and tricks	Wesam Ali Nasrallah
09:45-10:00 Emergency management of pelvic fractures	Girgis Latif
10:00-10:15 Posterior pelvic ring injuries: new concepts of fixation	Sherif Khaled
10:20 -10:30 Discussion	All

10:30 - 11:00 Opening Ceremony

11:00-11:15 Sacral fracture cases: IS screws vs Spinopelvic fixation	Ali Jarragh
11:15-11:30 Sacroiliac disruptions: how to reduce? How to fix? What to do for cases with Sacral Dysmorphism?	Joseph Alsousou
11:30-11:45 Quadrilateral plate fx Acetabulum; does it deserve special attention	Ahmed El-Bakoury
11:45-12:00 Transverse Acetabular fractures: single versus dual approach	Joseph Alsousou
12:00-12:15 Associated both columns, tips and tricks	Sherif Khaled
12:15-12:30 T-shaped fx acetabulum: how to decide sequence of fixation?	Joseph Alsousou
12:30-12:45 Geriatric acetabular fx: Fix vs fix and replace? Case discussion	Ahmed El-Bakoury
12:45 -13:00 Discussion	All

13:00 – 14:00

Lunch

Day 1 (16th January, 2027)

Evening session

Hall 1

Complex Trauma – session 2

14:00- 18:30

Moderators

Sherif Khaled – Yasser Hannout - Saeed Al Thani - Akram Alshoubaki

14:00-14:10 Femoral neck fracture reduction: Percutaneous vs Open	Hayder Al Saadi
14:10-14:25 Tibial plateau cases: how to approach? Case examples	Saeed Al Thani
14:25-14:40 Treatment of associated ligamentous injury with tibial plateau	Ahmad Mousa
14:40-14:55 Pilon fracture: challenges in approach and reduction	Ali Jarragh
14:55-15:05 Posterior malleolus fracture	Muhammed Khalifa
15:05-15:20 Distal femur fractures	Akram Alshoubaki
15:20 – 15:30 Discussion	
15:30 – 15:40 Elbow fracture dislocation: concomitant fixation & soft tissue repair	Girgis Latif
15:40-15:55 Proximal humerus fractures Nailing vs plating	Abdelbagy Handous
15:55- 16:10 Proximal humeral fracture: fix versus replace	Sherif khaled
16:10-16:20 Intra-articular distal radius: column fixation concept	Hashem Al Qdhah
16:20-16:35 Effect of patient factors and injury mechanism on fracture management	Akram Alshoubaki
16:35 -16:45 Mangled extremity: amputation vs limb salvage	Ahmed Elgammal
16:45 -16:55 Discussion	
16:55 – 17:05 Fracture related infection	Ali Jarragh
17:05- 17:20 Reconstruction ladder, salvage plan for lower extremity injuries	Hamed Badawi
17:20 – 17:35 Post traumatic bone defects	Mohammed Sanad
17:35- 17:55 Non-union in long bone: Biology vs Mechanics (refixation or graft or both?)	Hayder Al Saadi
17:55-18:10 AI in future of trauma in management	Saeed Al Thani
18:10 -18:20 Conclusion	

Day 1 (16th January, 2027)

Morning Session

Hall 2

Pediatric deformities session 1

09:00- 10:30

Moderators

Micheal Uglow - Nuha Alzaabi – Hind Hassan - Edward Gent

09:00- 09:15 Planovalgus & Skew foot	Daniel Thull
09:15- 09:30 Posttraumatic deformities of the upper limb	Edward Gent
09:30-09:45 Madelung's Deformity	Christiana Savvidou
09:45 - 10:00 Deformities due to Hereditary Exostoses	Michael Uglow
10:00 – 10:15 Surgical management of childhood hip dysplasia	Assad Qureshi
10:15 – 10:30 Discussion	

10:30 - 11:00 Opening Ceremony

Pediatric spine

11:00-13:00

Moderators

Zaid Al-Aubaidi - Fawaz Al-Hazaa – Khalifa Al Ghafri

11:00- 11:15 Basics of Pediatric spine deformity	Antony Michael
11:15 – 11:30 3D printing pre-planning – cases experience	Charbel Moussallem
11:30 – 11:45 VBT vs Hybrid surgery	Ziad Aljian
11:45- 12:00 Tips in severe deformity	Waleed Hekal
12:00 – 12:15 Active Apical Correction techniques	Alaaeldin Azmi
12:15 - 12:30 The continuing relevance of VCR in pediatric deformity	Firas Husban
12:30 -12:45 Complications in scoliosis surgery	Zaid Al-Aubaidi
12:45 – 13:00 Discussion	

13:00 – 14:00

Lunch

Day 1 (16th January, 2027)

Evening Session

Hall 2

14:00 – 18:00

Pediatric deformities session 2

Moderators

Michael Uglow - Nuha Alzaabi – Issam Hozayen - Mohamed Kenawey

14:00 -14:15 Coxa Valga & Coxa Vara	Sherif Galal
14:15 -14:30 Anticipating leg length discrepancy in Children	Mohamed Kenawey
14:30 -14:45 Distal tibial deformities	Daniel Thull
14:45 -15:00 Perthes disease Patho-mechanics and concepts of management	Yasser Kandil
15:00 -15:15 Cross union protocol for treatment of congenital tibia pseudoarthrosis	Ahmed Hammouda
15:15 - 15:30 Discussion	All
15:30 – 15:45 Osteogenesis Imperfecta	Michael Uglow
15:45 – 16:00 Slipped capital femoral epiphysis	Mohamed Elbaz
16:00- 16:15 Proximal tibia epiphyseal fractures	Mohamed Kenawey
16:15 -16:30 Post-traumatic deformities of the knee	Sherif Galal
16:30 – 16:45 Supracondylar fracture audit report	Mohammed Elbadri
16:45-17:00 Discussion	All
17:00- 17:15 Challenging cases discussion 1	Michael Uglow
17:15-17:30 Challenging cases discussion 2	Mohamed Kenawey
17:30 – 17:45 Challenging cases discussion 3	Edward Gent
17:45 – 18:00 Conclusion	Michael Uglow

Day 1 (16th January, 2027)

Morning Session

Hall 3

Nurses (ORP) Workshop

11:00 -13:00

Faculty

Hashem Al Qdhah - Sultan Shobaki – Muhammed Khalifa

Principles of internal Fixation

All Faculty

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Day 1 (16th January, 2027)

Evening Session

Hall 3

Osteoporosis updates module

14:00 – 17:00

Moderators

Luay Tapponi - Ramadan Arafa - Khaleil Almatroshi – Mohammed Aldahi

14:00 -14:30 Beyond surgical Repair: Addressing osteoporosis to improve long term outcomes	Sameh Abolfotouh
14:30 – 14:45 Secondary causes of osteoporosis	Asma Aljaberi
14:45 – 15:00 Treatment of very high-risk patients and sequential therapy	Amel Ginawi
15:00 – 15:15 AI IN IMAGING: PROMISE, PARADOX AND PARTNERSHIP	Ahmed ElSerafi
15:15 – 15:30 Imaging in Osteoporosis since beginning	AbdulRahim AlSuhaili
15:30 – 15:40 Discussion	
15:40 – 15:55 Osteoporosis from Surgical point of view	Medhat Khafajy
15:55 – 16:10 EHS protocol Osteoporosis	Suad Hannawi
16:10 – 16:25 Fragility fractures	Khaleil Almatroshi
16:25 – 16:40 Discussion	
16:40 – 17:00 closing remarks	Luay Tapponi Ramadan Arafa

Day 1 (16th January, 2027)

Evening Session

Hall 3

Free paper session 1

17:00 - 18:00

Moderators

Khaleil Almatroshi - Mohamed Kamal - Ahammed Jabir – Mohamed Ferig

17:00 – 17:15 Robotic assisted total knee replacement; what are the current implications and future prospects	Omar Al- Heety
17:15 – 17:30 Sinding-Larsen-Johansson disease (Traction apophysitis of inferior pole patella)- A case report	Kabeer Abdu Kadar
17:30 – 17:45 Double level osteotomy in patient with severe varus deformity	Mehdi Mohammad pour
17:45 – 18:00 The Prevalence and Determinants of Musculoskeletal Disorders among Taxi Drivers In Ajman, UAE	Mariam Elsayed Mohamed

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Day 1 (16th January, 2027)

Morning Session

Hall 4

East Coast Orthopedic Group
11:00-13:00



Moderators

Sultan Shobaki – Khaleil Almatroshi – Mohamed Kamal Salih

11:00- 11:15 Emergency prospectives for Orthopedic Emergencies	Firasat Khan
11:15 – 11:30 Fujairah hospital MIS pelvic cases	Ahmed Barakat
11:30 – 11:45 Power Drill Kickback fracture (isolated metacarpal fracture)	Reni Paulose
11:45 – 12:00 Discussion	
12:00 – 12:15 Isolated lesser tuberosity fracture of humerus – case report	Ameerjan John
12:15 - 12:30 Spine dislocation – challenges	Wael Alsammak
12:30 –12:45 Challenging knee meniscal	Sultan Shobaki
12:45 – 13:00 Discussion	ALL

Day 1 (16th January, 2027)

Evening Session

Hall 4

Pediatric Spine Workshop

14:00 -17:00

Faculty

Khalifa Al Ghafri – Zaid Al-Aubaidi

14:00 – 14:20

Key Vertebrae - principles of surgical planning

Khalifa Al Ghafri

Stations starts 14:30

Station 1: APC principles

Alaaeldin Azmi

Stations 2: Correction methods

Zaid Al-Aubaidi

Station 3: Thoracic pedicle screw insertion

Khalifa Al Ghafri

Station 4: Magic rods principles

Wallead Al-Jaeafee

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Day 2 (17th January, 2027)

Morning Session

Hall 1

Knee arthroplasty

09:00-13:00

Knee arthroplasty Session 1

09:00-11:00

Moderators

Samih Tarabichi · Mohamed Muath Adi - Mohamed Elfekky – Mohamed Zakaria

09:00 – 09:10

Opening & Welcome

09:10 – 09:20

Balancing the valgus knee

Samih Tarabichi

09:20 – 09:30

Balancing the Valgus Knee

Sherif Khaled

09:30 – 09:40

Posterior-Stabilized / Semi-Constrained TKA – Indications & Technique

Mohamed Attia Metwally

09:40–09:50

TKR in Extra-Articular Deformity

Mojieb Manzary

09:50–10:00

Personalized Alignment for Every Knee

Ali Al Belooshi

10:00–10:10

Augmented Reality in Total Knee Replacement

Jaber Alkhyeli

10:10–10:20

Cryoablation in Knee Replacement Surgery

Mohamed Elfekky

10:20–10:40

Q&A

10:40–11:00

Break

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Hall 1	
Knee arthroplasty Session 2	
11:00-13:00	
11:00 – 11:10 Sports after TKR-is self-rehab enough?	Sherif Khaled
11:10 – 11:20 Partial Knee Replacement – Patient Selection & Tips	Ali Al Belooshi
11:20-11:30 Workup of a painful TKA	Javad Parvizi
11:30-11:40 Best Practices for Managing Early Signs of Infection Following TKR	Mohamed Muath Adi
11:40-11:50 Management of Fixed Flexion Deformity After TKR	Ahmed El-Bakoury
11:50-12:00 Metal Allergy in TKA	Javad Parvizi
12:00-12:10 Why Do I Stem My Primary TKR?	Mojieb Manzary
12:10-12:20 Can We Avoid Full components Revision in TKR !	Shaher Hasanain
12:20–12:30 Management of Bone Defect in Revision TKR	Samih Tarabichi
12:30 – 13:00 Open Panel Discussion	All Faculty
13:00 – 14:00 Lunch	
Evening Session	
Hall 1	
14:00- 14:50 Knee Arthroplasty debates (cases discussion) All faculty	

Day 2 (17th January, 2027)

Evening Session

Hall 1

Orthopedic Oncology

15:00 - 17:00

Moderators

Philipp Berdel- Wail Tilakh - Shanker Sagar - Mohamed Zakaria

15:00 – 15:15 Diagnostic Approach to Musculoskeletal Neoplasms	Michael Sean Dudeney
15:15 – 15:30 Sarcomas of the Upper Extremities	Philipp Berdel
15:30 – 15:45 Huge Giant Cell Tumor of proximal Fibula, Treatment and Prognosis	Raed Al Saruri
15:45 – 15:55 Benign Bone Tumors in Children	Wail Tilakh
15:55 – 16:00 Discussion	All
16:00 – 16:15 Malignant Bone Tumors in Children	Philipp Berdel
16:15 – 16:30 Mega prosthesis principles and advances	Mohamed Mashhour
16:30 – 16:45 Arthroplasty – distal radius giant cell tumor gy	Mohamed Fathy Mostafa
16:45 – 17:00 Q&A	
17:00- 17:30 Closing ceremony	

Day 2 (17th January, 2027)

Morning Session

Hall 2

Knee Sport Session

09:00-13:00

Moderators

Ashraf Abdelkafy- Nader Darwich - Ahmad Hassan – Osama Gamal

09:00-09:30 Medialization versus anteromedialization TTO in PF instability	Mohamed Abdelmonsef – Jaber Alkhyeli
09:30-10:00 Ramp lesion repair via posteromedial portal versus anterior portals	Sultan Shobaki – Ahmad Hassan
10:00-10:30 Hamstrings versus peroneus longus tendon grafts in 1ry ACLR	Rik Kundra – Usama Saleh
10:30-11:00 ACL repair versus reconstruction	Loiy Alkhatib - Nader Darwich
11:00-11:30 Meniscal repair with fibrin clot versus isolated meniscal repair	Saeed Althani – Ashraf Abdelkafy
11:30-12:00 Repair versus meniscectomy in complex meniscal tears	Nader Darwich – Ziyad EL-Qirem
12:00-12:30 Fixation versus allograft for management of large osteochondral lesions of the femoral condyles.	Ashraf Abdelkafy – Rik Kundra
12:30-13:00 Deflection osteotomy plus ACL reconstruction versus isolated ACL reconstruction in ACL deficient knees with high tibial slopes.	Saeed Althani – Ali Al-Far

13:00 – 14:00

Lunch

Hall 2

Shoulder session

14:00 – 17:00

Moderators

Saeed Althani - Ziyad EL-Qirem – Usama Saleh – Mohamed Babiker

14:00-14:10 1 st time dislocation, current updates for 2026	Loiy Alkhatib
14:10-14:20 Decision making for recurrent shoulder instability	Karthikraj Kuberakani
14:20-14:30 Management of Bony Bankart lesion	Ziyad EL-Qirem
14:30-14:40 Posterior instability	Hasan Baydoun
14:40-15:00 Crossfire 1 22 years old, basketball player, 12% glenoid bone loss, what is your opKon of treatment? I go for, Bankart plus Remplissage Mohamed Babiker Bone block procedure Ziyad EL-Qirem	Usama Saleh Mohamed Babiker
15:00-15:20 Crossfire 2 18 years old, Tennis player, labral tear plus type 2 SLAP tear, how would you manage the SLAP tear? I repair it Saeed Althani Tenodesis is more predictable Azzam Fayyad	Saeed Althani Azzam Fayyad
15:20-15:40 coffee Break	
Moderators	
Loiy Alkhatib - Usama Saleh – Mohamed Ferig	
15:40-15:50 Posterosuperior cuff tear, my treatment approach	Ziyad EL-Qirem
15:50-16:00 Subscapularis, sKll a hidden lesion?	Hasan Baydoun
16:00-16:10 Massive retracted cuff tear	Ahmed Maher Ibrahim
16:10-16:20 Management of a failed cuff tear	Usama Saleh
16:20-17:00 Case discussion Moderators Hasan Baydoun / Karthikraj Kuberakani Panel Usama Saleh Ziyad EL-Qirem Ahmed Maher Ibrahim Loiy Alkhatib Saeed Althani	
17:00- 17:30 Closing ceremony	

Day 2 (17th January, 2027)

Morning Session

Hall 3

Femur and Tibia fractures Workshop

11:00- 13:00

Faculty

Omar Sabri -Hassan Rifae

Presentations: Femur & Tibial Nailing

11:00 – 11:05 General principles for nailing fixation	Hassan Rifae
11:05 – 11:10 Tips & Tricks Proximal Femur Nail	Hassan Rifae
11:10–11:15 Tibial Nail: SPI vs IP	Omar Sabri
Hands-on Sawbone workshop	
11:15–11:45 SPI Tibial Nail demo	Omar Sabri
11:45 – 12:45 Femoral & Tibial Nail workshop	All Faculty
12:45–13:00 Case Discussion	All Faculty

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Day 2 (17th January, 2027)

Evening Session

Hall 3

Free paper session 2

14:00 - 17:00

Moderators

Abdelbary Hassan Gouda -Tariq Sadik- Ahmed Barakat

14:00-14:15

A rare case of fracture OS Peroneum

Kabeer Abdu Kadar

14:15-14:30

Retaining semimembranosus during the algorithmic soft-tissue release in total knee arthroplasty with severe varus deformity

Mehdi Mohammad Pour

14:30- 14:45

Cervical disc arthroplasty versus ACDF

Mansour Elsaid Mansour

14:45-15:00

Infrapatellar Fat Pad Ganglion Cyst as an Uncommon Cause of Persistent Knee Pain in a Physically Active Adult: A Case Report

Nabeel Mohammed

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Day 2 (17th January, 2027)

Morning Session

Hall 4

Casting Principles Workshop

09:00 -13:00

Faculty

Oni Adeniyi -Usama Saleh- Rabia Elsayed Elnagar

09:00 -11:00 Traditional cast materials	Rabia Elsayed Elnagar
11:00-11:30 Special techniques	Oni Adeniyi
11:30-12:00 Water proof	Usama Saleh
12:00 -13:00 hands on waterproof casting workshop	

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Day 2 (17th January, 2027)

Evening Session

Hall 4

High Tibial Osteotomy Workshop
14:00 -17:00

Faculty

Ahmed El-Bakoury – Mohamed Abdelmonsef -Rik Kundra

- **High Tibial Osteotomy in Practice: Stable Fixation with Tomofix**

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PROJECT MANAGER

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