

6th Annual EOS Conference on **Bone Health:** Osteoporosis, Osteoarthritis, and Musculoskeletal Disorders



10-11 January 2026 -  Sofitel Dubai The Obelisk

Endorsed by



Board Members



Asma Aljaberi, MBBS, ArBIM, CCD

- **President | Emirates Osteoporosis Society**
- Consultant Endocrinologist, Co-Director Bariatric-Metabolic Center, Department of Medicine, Tawam Hospital and Sheikh Tahnoon Bin Mohammed Medical City
- Adjunct Assistant Professor, CMHS, UAEU.



AbdulRahim Suhaili

- **Vice President | Emirates Osteoporosis Society**
- Dual Boards Certified Nuclear Medicine & Densitometry.



Ahmed El Serafi

- **Secretary General | Emirates Osteoporosis Society**
- Professor of Radiology & Consultant Radiologist
- CEO of International Radiology Center
- Expert in Imaging AI & Advanced Technologies



Amel Ginawi

- **Scientific Committee Chair | Emirates Osteoporosis Society**
- Consultant Rheumatologist | Mediclinic City Hospital, Dubai, UAE
Clinical Associate Professor | Mohammed Bin Rashid University of Medicine and Health Sciences (MBRU), Dubai



Luay Tapponi

- **Cultural Committee Chairperson | Emirates Osteoporosis Society**
- Clinical Professor & Consultant Orthopaedic Surgeon - Specialized Medical center and Prime Specialty Medical Centre, Sharjah

Scientific Committee



Asma Aljaberi, MBBS, ArBIM, CCD

- **President | Emirates Osteoporosis Society**
- Consultant Endocrinologist, Co-Director Bariatric-Metabolic Center, Department of Medicine, Tawam Hospital and Sheikh Tahnoon Bin Mohammed Medical City
- Adjunct Assistant Professor, CMHS, UAEU.



Amel Ginawi

- **Scientific Committee Chair | Emirates Osteoporosis Society**
- Consultant Rheumatologist | Mediclinic City Hospital, Dubai, UAE
- Clinical Associate Professor | Mohammed Bin Rashid University of Medicine and Health Sciences (MBRU), Dubai



Maisam Musgrave

- Consultant Rheumatologist Mediclinic City and Parkview hospitals, Dubai.
- Adjunct Clinical Associate Professor, Mohammed Bin Rashid University of Medicine and Health Sciences (MBRU).



Beena Hameed

- Consultant Rheumatologist Kings College Hospital and Clinical Professor at Gulf Medical University



Hiba Khogali

- Head of Rheumatology Department, Madinat Zayed Hospital – Al Dhafra

MEET THE EXPERTS

(ALPHABETICAL ORDER)



Abdul Rahim AlSuhaili



Ahmed El Serafi



Amel Ginawi



Amr Alhussini



Asma Aljaberi



Atheer Alansari



Beena Hameed



Carine Plata



Didier Hans



Ghada Awada



Ghada El-Hajj Fuleihan



Hélène CHE



Hiba Khogali



Issam Mardini



Khalid Alnaqbi



Luay Tapponi



Maisam Musgrave



Manju Chandran



Martin lee



Mustafa Izzi



Nicholas C W Harvey



Nizar Abdulateef



Reem Al -Joyyousi



Shamma Al Nokhatha



Suad Hannawi



Thamer Alessa



Wesam Gouda



Yasser El Miedany



Yousif Al-Saleh



Youssef Boobes

+ MORE

SATURDAY
10 January 2026

REGISTRATION & WELCOME COFFEE

08:00–09:00

1

Osteoporosis in Focus

MODERATORS

Professor **MUSTAFA IZZI**, Dr. **ABDULRAHIM SUHAILI**



09:00 – 11:00

TIME



TITTLE

09:00-9:25

AI-Driven opportunistic screening for bone fragility and fracture risk assessment in Routine Xray

Prof. **DIDIER HANS**



MEDIMAPS
We understand bone health



09:25-9:50

Treat to Target" ASBMR BHOF recommendations JBMR 2024

Prof. **GHADA EL-HAJJ FULEIHAN**



09:50-10:15

Keynote lecture: The future of personalized bone health management: FRAX plus and beyond

Prof. **NICK HARVEY**



10:15-10:25

Q&A

10:25 -11:00

-Opening Ceremony

-Recognition and Honoring of Prof. Mustafa Al-Izzi

Dr. **ASMA ALJABERI**



**COFFEE BREAK &
POSTER VIEWING**



11:00-11:10



SATURDAY- 10 January 2026

2

Osteoporosis Treatment – What's New?

MODERATORS

Dr. ASMA ALJABERI, Dr. SHAMMA ALNOKHATHA



11:10 - 12:30

TIME



TITLE

11:10–11:35

**Keynote lecture: A sweeping overview of osteoporosis-
from prehistoric to modern times**

Prof. MANJU CHANDRAN



11:35–11:55

**Managing High-Risk Patients: Sequential and
Combination Therapy**

Prof. MUSTAFA IZZI



11:55–12:15

Secondary Osteoporosis and Endocrine Bone Disease

Dr. THAMER ALESSA



12:15- 12:30

Q&A

LUNCH TIME



12:30–13:30



13:30: 14:00

**Building Bone First : Transforming care for very high risk
patients**

Prof. MANJU CHANDRAN

AMGEN®



SATURDAY- 10 January 2026

3

Beyond bone density

MODERATOR

Dr. ATHEER ALANSARI , Prof. YOUSIF AL-SALEH



14:00- 15:00

TIME



TITTLE

14:00-14:20

Osteomalacia: Clinical Suspicion and Biochemical Pitfalls

Dr. THAMER ALESSA



14:20-14:40

The Sunshine Hormone: Clinical Insights into Vitamin D Deficiency

Prof. GHADA EL-HAJJ FULEIHAN



14:40-15:00

Bone Density in inflammatory arthritis: What Clinicians Need to Know

Dr. KHALID ALNAQBI



**COFFEE BREAK &
 POSTER VIEWING**



15:00- 15:15



15:15-15:45

Wegovy(r): Weight loss and health gains with Semaglutide 2.4 mg

Dr. GHADA AWADA



SATURDAY- 10 January 2026

4

Workshops (Challenging Cases)

WORKSHOP 1

TIME 



TITTLE

15:45-16:30

Challenging cases: Complex osteoporosis

Prof. NICK HARVEY



WORKSHOP 2

TIME 



TITTLE

16:30-17:15

Challenging cases: Skeletal rare diseases

Prof. MANJU CHANDRAN



SATURDAY- 10 January 2026

SUNDAY

11 January 2026

**WELCOME COFFEE & NETWORKING -
POSTER VIEWING**

08:00-08:30

5

Transforming Osteoporosis Care

MODERATORS

Prof. NIZAR ABDULATEEF, Dr. HELENE CHE

 09:00 – 09:55

TIME 



TITTLE

09:00-9:20

**The Proactive Paradigm: Redefining the Role of FLS -
A new vision**
Dr. YASSER EL MIEDANY



9:20-9:45

**Keynote lecture: Epidemiology and regional burden of
osteoporosis**
Prof. YOUSIF AL-SALEH



9:45-9:55

Q&A

9:55- 10:15

From Diagnosis to Remission in PsA
Dr. WESAM GOUDA

 **NOVARTIS**



SUNDAY- 11 JANUARY 2026

6

Osteoarthritis – From Joint to Bone

MODERATORS

Dr. LUAY TAPPONI, Dr. MARTIN LEE



10:15 – 11:15

TIME 



TITTLE

10:15–10:35

Medical Management of Osteoarthritis:

Prof. NIZAR ABDULATEEF



10:35–10:55

Surgical management of osteoarthritis

Dr. ESSAM MARDINI



10:55–11:05

**Beyond the joint: cardiovascular consequences of osteoarthritis
 Screening the heart in Osteoarthritis: why CV risk matters**

Dr. SUAD HANNAWI



11:05–11:15

Q&A

**COFFEE BREAK &
 POSTER VIEWING**



11:15- 11:25



SUNDAY- 11 JANUARY 2026

7

Renal Bone Disease (CKD-MBD)

MODERATORS

Dr. REEM AL-JAYYOUSI Dr. HIBA KHOGALI



11:25 – 12:40

TIME



TITTLE

11:25-11:45

Classification and Diagnosis of CKD-MBD

Dr. YOUSSEF BOOBES



11:45-12:05

Fracture Risk in CKD and Treatment Strategies

Dr. ASMA ALJABERI



12:05-12:25

When to Do a Bone Biopsy? Histomorphometry in Practice

Dr. AMR ALHUSSINI



12:25-12:40

Q&A

LUNCH TIME



12:40-13:40



SUNDAY- 11 JANUARY 2026

8

Nutrition and Artificial Intelligence in Bone Health

MODERATORS

Dr. BEENA HAMEED, Dr. SUAD HANNAWI



13:40 – 15:00

TIME



TITTLE

13:40-14:00

Metabolic fragility, hidden bone loss and nutrition: rethinking skeletal health in an aging world

Dr. CARINE PLATA



14:00-14:25

AI in Bone Imaging; Promise, Paradox and Partnership

Prof. AHMED ELSERAFI



14:25 -15:10

Closing Session & Honoring Pioneers

COFFEE BREAK &
FINAL POSTER VIEWING



15:10 – 15:40



SUNDAY- 11 JANUARY 2026



Success Partners



Endorsed by



دائرة الصحة
 DEPARTMENT OF HEALTH



مركز أبوظبي
 لل صحة العامة
 ABU DHABI PUBLIC
 HEALTH CENTRE



Main Sponsor

AMGEN®



Exhibitors



Media Partner



Approved by



organized by





PROJECT MANAGER

📍 MS. YASMIN SAEED 📞 +971544103411 📧 YASMINE@PURESPOT.ORG

📞 +97150-949-0425 / +97150 554 6063 📧 INFO@PURESPOT.ORG

📍 DUBAI AIRPORT FREE ZONE AREA (DAFZA), BUILDING 8W, 5TH FLOOR, REGUS BUSINESS CENTER OFFICE 511

📍 CAIRO 📍 ALEXANDRIA 📍 LUXOR 📍 DELTA 📍 ASYUT 📍 DUBAI

FOLLOW US

