

6th Annual EOS Conference on Bone Health: Osteoporosis, Osteoarthritis, and Musculoskeletal Disorders



10-11 January 2026 - Sofitel Dubai The Obelisk



Endorsed by



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Asma Aljaberi, MBBS, ArBIM, CCD

- President | Emirates Osteoporosis Society
- Consultant Endocrinologist, Co-Director Bariatric-Metabolic Center, Department of Medicine, Tawam Hospital and Sheikh Tahnoon Bin Mohammed Medical City
- Adjunct Assistant Professor, CMHS, UAEU.



AbdulRahim Suhaili

- Vice President | Emirates Osteoporosis Society
- Dual Boards Certified Nuclear Medicine & Densitometry.



Ahmed El Serafi

- Secretary General | Emirates Osteoporosis Society
- Professor of Radiology & Consultant Radiologist
- CEO of International Radiology Center
- Expert in Imaging AI & Advanced Technologies



Amel Ginawi

- Scientific Committee Chair | Emirates Osteoporosis Society
- Consultant Rheumatologist | Mediclinic City Hospital, Dubai, UAE
- Clinical Associate Professor | Mohammed Bin Rashid University of Medicine and Health Sciences (MBRU), Dubai



Luay Tapponi

- Cultural Committee Chairperson | Emirates Osteoporosis Society
- Clinical Professor & Consultant Orthopaedic Surgeon - Specialized Medical center and Prime Specialty Medical Centre, Sharjah

Scientific Committee



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Maisam Musgrave

- Consultant Rheumatologist Mediclinic City and Parkview hospitals, Dubai.
- Adjunct Clinical Associate Professor, Mohammed Bin Rashid University of Medicine and Health Sciences (MBRU).



Beena Hameed

- Consultant Rheumatologist Kings College Hospital and Clinical Professor at Gulf Medical University



Hiba Khogali

- Head of Rheumatology Department, Madinat Zayed Hospital – Al Dhafra

MEET THE EXPERTS

(ALPHABETICAL ORDER)



Abdul Rahim AlSuhaili



Ahmed El Serafi



Amel Ginawi



Amr Alhussini



Asma Aljaberi



Atheer Alansari



Beena Hameed



Carine Plata



Didier Hans



Ghada Awada



Ghada El-Hajj Fuleihan



Hélène CHE



Hiba Khogali



Issam Mardini



Khalid Alnaqbi



Luay Tapponi



Maisam Musgrave



Manju Chandran



Martin Lee



Mustafa Izzi



Nicholas C W Harvey



Nizar Abdulateef



Reem Al -Joyyousi



Shamma Al Nokhatha



Suad Hannawi



Thamer Alessa



Wesam Gouda



Yasser El Miedany



Yousif Al-Saleh



Youssef Boobes

+ MORE

SATURDAY

10 January 2026

REGISTRATION & WELCOME COFFEE

08:00-09:00

1

Osteoporosis in Focus

MODERATORS

Professor **MUSTAFA IZZI**, Dr. **ABDULRAHIM SUHAILI**

09:00 – 11:00

TIME

TITLE

09:00-9:25

AI-Driven opportunistic screening for bone fragility and
fracture risk assessment in Routine Xray
Prof. **DIDIER HANS**



09:25-9:50

Treat to Target" ASBMR BHOF recommendations JBMR
2024
Prof. **GHADA EL-HAJJ FULEIHAN**



09:50-10:15

Keynote lecture: The future of personalized bone health
management: FRAX plus and beyond
Prof. **NICK HARVEY**



10:15-10:25

Q&A

10:25 -11:00

-Opening Ceremony
-Recognition and Honoring of Prof. Mustafa Al-Izzi
Dr. **ASMA ALJABERI**



COFFEE BREAK &
POSTER VIEWING



11:00-11:10



2

Osteoporosis Treatment – What's New?

MODERATORS

Dr. ASMA ALJABERI, Dr. SHAMMA ALNOKHATHA

11:10 - 12:30

TIME

TITLE

11:10–11:35

**Keynote lecture: A sweeping overview of osteoporosis-
from prehistoric to modern times**

Prof. MANJU CHANDRAN



11:35–11:55

**Managing High-Risk Patients: Sequential and
Combination Therapy**

Prof. MUSTAFA IZZI



11:55–12:15

Secondary Osteoporosis and Endocrine Bone Disease

Dr. THAMER ALESSA



12:15- 12:30

Q&A

LUNCH TIME
 12:30–13:30 

13:30: 14:00

**Building Bone First : Transforming care for very high risk
patients**

Prof. MANJU CHANDRAN

AMGEN®



3

Beyond bone density

MODERATOR

Dr. ATHEER ALANSARI , Prof. YOUSIF AL-SALEH

⌚ 14:00- 15:00

TIME ⌚

TITLE

14:00-14:20

Osteomalacia: Clinical Suspicion and Biochemical Pitfalls

Dr. THAMER ALESSA



14:20-14:40

The Sunshine Hormone: Clinical Insights into Vitamin D Deficiency

Prof. GHADA EL-HAJJ FULEIHAN



14:40-15:00

Bone Density in inflammatory arthritis: What Clinicians Need to Know

Dr. KHALID ALNAQBI



COFFEE BREAK & POSTER VIEWING



⌚ 15:00-15:15



15:15-15:45

Wegovy(r): Weight loss and health gains with Semaglutide 2.4 mg

Dr. GHADA AWADA



4

Workshops (Challenging Cases)

WORKSHOP 1

TIME 

 TITTLE

15:45-16:30

Challenging cases: Complex osteoporosis

Prof. **NICK HARVEY**



WORKSHOP 2

TIME 

 TITTLE

16:30-17:15

Challenging cases: Skeletal rare diseases

Prof. **MANJU CHANDRAN**



SUNDAY

11 January 2026

**WELCOME COFFEE & NETWORKING -
POSTER VIEWING**

08:00–08:30

5

Transforming Osteoporosis Care

MODERATORS

Prof. NIZAR ABDULATEEF, Dr. HELENE CHE

09:00 – 09:55

TIME

TITLE

09:00-9:20

**The Proactive Paradigm: Redefining the Role of FLS -
A new vision**

Dr. YASSER EL MIEDANY



9:20-9:45

**Keynote lecture: Epidemiology and regional burden of
osteoporosis**

Prof. YOUSIF AL-SALEH



9:45-9:55

Q&A

9:55- 10:15

From Diagnosis to Remission in PsA

Dr. WESAM GOUDA

 NOVARTIS



6

Osteoarthritis – From Joint to Bone

MODERATORS

Dr. LUAY TAPPONI, Dr. MARTIN LEE



10:15 – 11:15

TIME

TITLE

10:15-10:35

Medical Management of Osteoarthritis:

Prof. NIZAR ABDULATEEF



10:35-10:55

Surgical management of osteoarthritis

Dr. ESSAM MARDINI



10:55-11:05

Beyond the joint: cardiovascular consequences of osteoarthritis Screening the heart in Osteoarthritis: why CV risk matters

Dr. SUAD HANNAWI



11:05-11:15

Q&A

COFFEE BREAK & POSTER VIEWING



11:15- 11:25



7

Renal Bone Disease (CKD-MBD)

MODERATORS

Dr. REEM AL-JAYYOUSI Dr. HIBA KHOGALI

11:25 – 12:40

TIME 

 TITTLE

11:25-11:45

Classification and Diagnosis of CKD-MBD

Dr. YOUSSEF BOOBES



11:45-12:05

Fracture Risk in CKD and Treatment Strategies

Dr. ASMA ALJABERI



12:05-12:25

When to Do a Bone Biopsy? Histomorphometry in Practice

Dr. AMR ALHUSSINI



12:25-12:40

Q&A

LUNCH TIME  12:40-13:40 

8

Nutrition and Artificial Intelligence in Bone Health

MODERATORS

Dr. BEENA HAMEED, Dr. SUAD HANNAWI

13:40 – 15:00

TIME 

 TITTLE

13:40-14:00

Metabolic fragility, hidden bone loss and nutrition: rethinking skeletal health in an aging world

Dr. CARINE PLATA



14:00-14:25

AI in Bone Imaging; Promise, Paradox and Partnership

Prof. AHMED EL SERAFI



14:25 -15:10

Closing Session & Honoring Pioneers

COFFEE BREAK &
FINAL POSTER VIEWING
 15:10–15:40



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